



NSAI
Standards

NSAI/ISO Guide to
ISO 45001:2018

Occupational health and safety
management systems

a practical guide

Advice from ISO/TC 283

NSAI/ISO Guide to ISO 45001:2018

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1. Foreword

The power of small businesses cannot be underestimated. In around 100 countries worldwide, more than two thirds of total employment comes from small economic units. These businesses play a pivotal role in the global economy and the livelihood of countless numbers of people. The negative effects of workplace injuries, illness or fatalities is a challenge for all kinds of businesses but can prove overwhelming for smaller organizations. Today, more than ever, ensuring a safe and healthy work environment is an important element of doing business worldwide.

ISO 45001:2018 is the world's first international standard on occupational health and safety (OH&S) management, containing agreed good practices from across the world. The primary focus of implementing an OH&S management system is to prevent any kind of work-related injuries, illness or loss of life. Beyond protecting workers, this can lead to better workforce morale, improved products or services and a stable revenue flow. The requirements of the standard assist small organizations as much as they do global conglomerates, governments and society as a whole.

To support smaller entities, both public and private, the International Organization for Standardization (ISO) and United Nations Industrial Development Organization (UNIDO) have joined forces to publish this handbook on ISO 45001.

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